We are most beautiful when we are a reflection of Christ. robinrking.com ©RRK Adobe Spark

1 Peter 3:3-4 New Living Translation (NLT)

3 Don't be concerned about the outward beauty of fancy hairstyles, expensive jewelry, or beautiful clothes. 4 You should clothe yourselves instead with the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God.

1 Samuel 16:7 New Living Translation (NLT)

7 But the Lord said to Samuel, "Don't judge by his appearance or height, for I have rejected him. The Lord doesn't see things the way you see them. People judge by outward appearance, but the Lord looks at the heart."

Proverbs 31:30 New Living Translation

(NLT)

³⁰ Charm is deceptive, and beauty does not last;
    but a woman who fears the Lord will be greatly praised.

1 Thessalonians 2:4-6 New Living Translation (NLT)

⁴ For we speak as messengers approved by God to be entrusted with the Good News. Our purpose is to please God, not people. He alone examines the motives of our hearts. ⁵ Never once did we try to win you with flattery, as you well know. And God is our witness that we were not pretending to be your friends just to get your money! ⁶ As for human praise, we have never sought it from you or anyone else.

Proverbs 27:19 Christian Standard Bible (CSB)

¹⁹ As water reflects the face,
so the heart reflects the person.

The Way To Inner Beauty –

1. *Spend Time with Jesus, in His Word, and in Prayer.*
2. *Ask God to examine your heart, and change the things that need changing.*
3. *Surrender to the Holy Spirit's work in your life. Listen to His leading.*
4. *Put Christ first in your life and love and serve others.*

"The flower of youth never appears more beautiful than when it bends toward the sun of righteousness."

– Matthew Henry

Challenge – How much time and effort do you spend on inner beauty as opposed to outward beauty?

In what way(s) do you "work" on inner beauty? What areas need more work?

What steps will you take *today* to increase the amount of time you spend on inner beauty?

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