



Would it surprise you to know that even though I have a husband that I know loves me, there are times I feel unloved? Even though I have friends, there are times I feel unwanted? And even when I'm surrounded by people, there are times I feel unnoticed?

What about you? Do you sometimes feel unloved, unwanted, and unnoticed? The enemy of our souls would love for us to believe these lies about ourselves. After all, Jesus said that the devil is a liar and deceiver. Sometimes it's easier to believe the lies than the truth. Our emotions are unstable and our ears hear the whispers of a lifetime of negative views we've harbored about ourselves. The enemy threads himself through the whispers to paralyze us with doubt about God's love and the new life He so graciously gives us through His Son, Jesus Christ.

But when in doubt, seek the truth. God's Word is truth and He reassures us in His Word that believers in His Son Jesus Christ, are far from unloved, unwanted, or unnoticed.

In Christ, you are **loved** - nothing will separate us from God's love.

"For we know how dearly God loves us,

because he has given us the Holy Spirit

To fill our heart with His love."

Romans 5:5

In Christ, you are **accepted** - in Christ, we are one of "God's people".

"Therefore, accept each other

just as Christ has accepted you."

Romans 15:7

In Christ, you are **known**- God created us and knows every hair on our head and every tear that trickles down our cheeks.



Loved, Accepted, and Known

“The LORD knows who are his.”

2 Timothy 2:19

As we cling to God’s truth of who we are in Christ, we find the freedom to live the abundant life Jesus came to give us and the enemy is silenced. What lies are you believing about yourself? You are loved. You are accepted. You are known. Seek and cling to this truth, dear child of God.

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