



You've probably heard the old saying, "When you come to the end of your rope, tie a knot and hang on." I guess this old saying is supposed to inspire and encourage you to keep going, or hang on because help is on the way. Or, whatever trouble or frustration you are having will eventually get better.

Well, that's a nice saying but sometimes I am at a point on the "rope" that I don't want to tie a knot. I may be at the end of my rope, exhausted, and with no motivation to tie a knot. I might be angry, tired, bitter, scared, frustrated, bewildered, doubtful, emotional, distraught, you name it I feel it! I might be so full of self-pity that I just want to keep sliding downward in to the abyss.

I don't want to tie a knot, talk about it, listen to advice about it, read my Bible, or even pray about it. I wouldn't know what to pray even if I felt like praying!

So what am I to do? Well, sometimes there is nothing I can do. Nothing to do but leave it in the hands of God. He knows all about my "rope". He knows when I don't want to hang on. He knows when I am too weary and too weak to tie a knot. And He knows when I don't know how to pray or what to pray and even when I don't want to pray.

Thankfully, God doesn't get mad at me or turn His back on me. It's in these weary, broken times that His presence is even closer to me. I may not feel Him or see Him but He's with me. His comfort is there even when I choose to ignore it. God's Word reassures me that in my weakness and when I don't know how or what to pray, "the Spirit himself intercedes for (me) with groans that words cannot express." (Romans 8:26)

I may not want to tie a knot, but God is quite capable of tying the knot, with or without my cooperation. For that I am grateful.

"You will keep in perfect peace him whose mind is steadfast, because he trusts in you. Trust in the LORD forever, for the LORD, the LORD, is the Rock eternal.

Isaiah 26:3,4

### Share this:

- [Tweet](#)
- 
- [Print](#)